

THE TCP UNIVERSITY MODEL

The Confess Project focuses on empowering frontline heroes and heroes in Communities across America. Our public training model diagram represents the different areas of training we offer.

Contact us below or email info@theconfessproject.com

GET INVOLVED

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CONTACT

Click to donate or contact us for training.

HOW WE DELIVER TRAININGS



BARBERS

With a huge lack of black providers and mental health access The Confess Project has America's First Mental Health Barbershop Movement where we are Training Black Barbers to become mental health advocates in their communities.

MENTAL HEALTH PROFESSIONALS

4% of Clinicians in the field are people of color, The Confess Project builds capacity to our white-caucasian clinicians and primarily white led-institutions that are looking to uplift, support and practice mental health treatment with the black community.

EDUCATORS

The Confess Project understands that boys and young men of color face barriers to success as early as 10 years old; the age when they are perceived to be less innocent. We build capacity for enriched learning environments with K-12 Educators through a trauma informed approach and suicide prevnetion lens.

LAW ENFORCEMENT OFFICIALS

Black people are 3X more likely to be killed by police. The Confess Project realizes that we can help solve the problem to help train and support law enforcement regarding racial bias, trauma informed care and cultural competency.



VIRTUAL LEARNING NETWORK



TCP



The **CONFESS**
PROJECT



The Confess Project goes far beyond the shop! Our team of public health experts, therapists, and education professionals is continually innovating our programs to respond to community needs. Through our Beyond the Shop program, we train barbers to become mental health advocates around the country. We also work with city governments, universities, and organizations to highlight how mental health intersects with police brutality, LGBT issues, gender inequality, and more. The Confess Project team wants to build up capacity and help to amplify leaders on the ground who can support boys, men of color and their families.

FREE COURSE



VIEW ALL





BEYOND THE BARBERSHOP TRAINING

JOIN COURSE



Course Description

This course is to encourage cultural dialogue of African American males and speaking about emotional health. Beyond the Shop serves as the bridge for public health disparities with marginalized males that will come in contact with/or seek treatment of any emotional related social issues.

Ultimately, this yearlong course is designed to enhance the life trajectory and prolong the life expectancy of our brothers by promoting health and wellness.

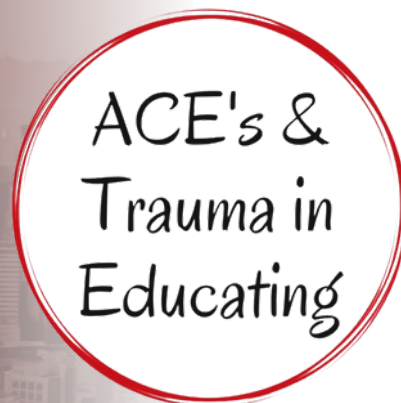
Course Outline

- Before You Begin
- Welcome
- Beyond the Shop Barbershop Training
- Mock Demonstration: I'm Ready To Confess(2:58)
- About The Confess Project
- "No One Cares About The Plight of Men"
- Wrap up
- Your feedback
- What's next

YOUR INSTRUCTOR

LORENZO P. LEWIS
FOUNDER & CEO OF
THE CONFESS
PROJECT





Course Description

This is a course about Adverse Childhood Experiences, trauma, and how those two things impact children in their classroom settings and follow into adulthood. Overall, participants of this training will walk away with a plan of action for implementing reform in their respective settings.

Course Outline

- Orientation(20:26)
- TCP Intake Survey
- Section 1: A Vocabulary of Trauma(35:04)
- Section 2: ACEs A Human Rights Perspective(12:47)
- Section 3: Considering Your Own ACEs
- Section 4: ACEs, Education, and the Trauma-Informed Approach(16:17)
- Chapter 5: Transformative Social Change



YOUR INSTRUCTOR

Raphael Davis

Director of Research and Business Development
The Confess Project



**TRAUMA
INFORMED**
CARE & RESILIENCY



Course Description

Learn ways to effectively handle trauma with an informed approach on taking care of yourself and staying resilient through triggers and tough times.

Resilience Training

- Trauma and Resiliency in Communities(51:53)

YOUR INSTRUCTORS

**AUDREY
FRESHWATER**
TRAUMA INFORMED
CARE, MOVING
BEYOND ACES



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THE CONFESS
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